



Final Event Details

37th Annual FirstHealth Pinehurst Turkey Trot

November 18, 2017

Packet Pickup

Friday November 17:

5-7 p.m.

The Village Arboretum, Pinehurst, NC

Saturday November 18

7-8:30 a.m.

The Village Arboretum, Pinehurst, NC

NO NEW REGISTRATIONS AFTER 8:00 A.M. - NO exceptions. Please plan accordingly

PLEASE NOTE THAT EVEN THOUGH THE RACES HAVE START TIMES AS LATE AS 9:30, YOU MUST PICK UP YOUR PACKET BY 8:30. OUR STAFF AND VOLUNTEERS MUST LEAVE THE PACKET PICKUP AREA AT THIS TIME TO BEGIN TIMING PROCEDURES. IF YOU HAVE NOT PICKED UP YOUR PACKET BY 8:30, YOU WILL NOT BE ALLOWED TO PARTICIPATE. NO REFUNDS WILL BE GIVEN. NO EXEPTIONS WILL BE MADE. PLEASE PLAN ACCORDINGLY

T-shirts

If you did not register by Nov 8 then shirts will be given out on a first come first serve basis at packet pickup. We will not be reordering shirts in the event that we run out.

We will also hand out the commemorative Turkey Trot cups on a first come first serve basis at packet pickup if you did not register by Nov 8. These cups will have a ticket to purchase either a beer from Southern Pines Brewing, or a snowball from Pelican Snowballs. First beer or snowball is on us!

Parking

Parking is available at the FirstHealth Center for Health and Fitness, Village of Pinehurst Administrative Center on Magnolia, Rassic Wicker Park, Cannon Park, and Pinehurst Elementary.

PLEASE BE COURTEOUS AND DO NOT PARK IN OTHERS DRIVEWAYS OR YARDS

Schedule of Events

8:30 a.m. One-Mile Fun Run

9:00 a.m. Half Marathon

9:15 a.m. 10K

9:30 a.m. 5K

Awards ceremony for 1 mile fun run: approximately 10:00 am

Awards ceremony for 5k: approximately 10:30 am

Awards ceremony for 10K: approximately 11:00 am

Awards ceremony for ½ marathon: approximately 12:00 pm

Aid Stations

1 Mile Fun Run: no aid stations

5K: Aid stations will be located at approximately every 1.5 miles. These aid stations will have water and Gatorade. If you need gels or other supplements, please bring with you.

10K: Aid stations will be located at approximately every 1.5 miles. These aid stations will have water and Gatorade. If you need gels or other supplements, please bring with you.

Half Marathon: Aid stations will be at approximately every 1.5 miles. These aid stations will have water and gatorade. If you need gels or other nutrition, please bring with you.

Awards

There will be an awards ceremony for each race. See “schedule of events” for times.

The awards categories are as follows:

1 mile fun run: top overall male and female

5K, 10K, and half marathon: top overall male and female, top male and female in the following categories: elementary school, middle school, high school, 18-29, 30-39, 40-49, 50-59, 60-69, 70+

Special awards: Super Gobbler award – nominations from friends/families of people that they consider to be a hero. Super Gobblers will receive a turkey trophy as well as an entry into next year’s race.

Dicks sporting goods has also graciously donated some gift certificates to their store for prizes, for some of our other participants that deserve recognition.

Post-Race Festivities

Stay after the race to celebrate and have a great time with your family and friends. There will be music, bounce houses for the kids and games sponsored by The Village of Pinehurst Parks and Recreation. Fun for everyone! Participants can enjoy a free beer from Southern Pines Brewing or a free snowball from Pelican Snowballs (spectators can purchase these as well.) There will be post race refreshments (crackers, granola bars, Cookies, chips, etc) for all participants. Participants and spectators can also enjoy the food trucks that will be vending on site: What's Fore Lunch, Roasted and Toasted Coffee and Waffles, Southern Pines Brewing, and Pelican Snowballs.

Gun start time vs chip time:

The race results will contain both a gun start time (the start time of the race) and a chip time (the time from when your timing chip crosses the start mat). Times used for awards and reported to USATF are the GUN START TIMES, which is standard USATF practice. This means that competitive runners should make sure to start as close to the front as possible. Less competitive runners, walkers, and those with strollers should start at the back.

Headphones:

While headphones are no longer banned in USATF sanctioned races, they are discouraged. If you choose to wear headphone, you will not be eligible for awards. Please be considerate and safe. You need to be able to hear safety officials, cars, and other participants.

Strollers:

Strollers are welcome! Please be considerate if participating with a stroller by being aware of other participants.

